ACEs Resilience in Wake County

Adverse Childhood Experiences (ACEs) affect all of us directly or indirectly, regardless of income level, and impact lifelong health and social well-being. Together, we can lessen these effects by teaching and learning resilience skills, and adopting trauma-informed practices and policies.

Vision

Wake County community members value and practice resilience skills to improve their health, well-being and success.

Community Members

Increase personal resilience and support ACEs Resilience Initiative

Educators

Increase personal resilience and have the knowledge and skills necessary to teach and support resilience skills and make appropriate connections

Helpers and Providers

- Increase personal resilience
- Are knowledgeable, skilled, and supported in their respective roles
- Share expertise and build capacity of other providers to increase resilience

Policy Makers

Sustain effective implementation of policies that support increasing resilience

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