

**ACTIVITIES FOR A HEALTHY LIFESTYLE AT JORDAN HALL**

For more info, (919) 469-4069.

**Fabulous Felted Geodes (age 5-10)**  
Sat, Nov 7, 1-3 p.m.

**Turkey Centerpieces (age 6-10)**  
Sat, Nov 21, 1-2:30 p.m.

**MIDDLE CREEK COMMUNITY CENTER**

For more info, (919) 771-1295.

**Stretch-n-Grow, Sports Adventure (age 4-7)**  
Thu, Nov 5-19, 4:45-5:30 p.m.

For more details on our classes and programs, call the facility number listed, or pick up the PRCR brochure at any Town facility. Fees may apply to each program. Registration is required.

**YOUTH SPORTS OPPORTUNITIES**

For more info, (919) 469-4062.

**Sports Spotlight**

<http://www.townofcary.org/depts/prdept/sports/yaaps.htm>

**YOUTH OPEN GYM BASKETBALL\*\***

**Bond Park Community Center**  
For more info, (919) 462-3970.  
Mon, Wed, Thu & Fri, 3-5:30 p.m.  
*No open gym on 11/11, 11/26 & 11/27.*  
Tue, Nov 3 & 24, 3-5:30 p.m.

**Herbert C. Young Community Center**  
For more info, (919) 460-4965.  
Mon-Fri, 3:30-5:30 p.m.  
*No open gym 11/5-11/15, 11/25 or 11/30.*

**Middle Creek Community Center**  
For more info, (919) 771-1295.  
Mon, 9 a.m.-2:30 p.m.  
*Note: Nov 30, 9-5 p.m.*

Tue, 9 a.m.-5 p.m.  
*Note: Nov 3, 9-2:30 p.m.*

Wed, Nov 18, 2-5 p.m.  
Wed, Nov 25, 2:30-6 p.m.

Thu, noon-3 p.m.  
*No open gym on 11/26.*

Fri, 9 a.m.-2:30 p.m.  
*No open gym on 11/27.*

*\*\*Passes are required for each participant.  
Parent/Guardian must sign the waiver.  
Times are subject to change.  
Please call ahead to confirm.*

**BOND PARK COMMUNITY CENTER**

For more info, (919) 462-3970.

**Pre-Ballet (age 4-5)**  
Wed, Nov 18-Dec 16, 5-5:40 p.m.  
Thu, Nov 19-Dec 17, 1-1:40 p.m.  
Mon, Nov 23-Dec 14, 5-5:40 p.m.

**Stretch-n-Grow, Preschool Fitness (age 2-5)**  
Tue, Nov 3-17, 10-10:45 a.m.  
Wed, Nov 4-25, 10:45-11:30 a.m.

**Stretch-n-Grow Preschool Sports Adventure (age 3.5-5)**  
Mon, Nov 2-16, 11-11:45 a.m.  
Tue, Nov 3-17, 11-11:45 a.m.  
Mon, Nov 30-Dec 14, 11-11:45 a.m.

**YOUTH FITNESS NOVEMBER**



Designated Community for 2007-2010