



2012 AHA Brains and Bodies Award FAQ

Can my school apply?

All private and public elementary and middle schools (K-8) are eligible to apply for the award.

How long will it take to complete the application?

This will vary for each school and may be dependent on whether a wellness committee or policy is already in place. It takes only a few minutes to read through the survey. Some members of your team will instantly know the answers to some questions. For other questions, you may need to seek out additional school staff. AHA is available if you need clarification on any particular area of the survey.

What if our school has questions about the application?

AHA has a team of nutrition and physical activity experts from Wake County available to provide technical assistance to schools applying for the award. Please contact Michele McKinley at 919-656-8842 or mmckinley@wakemed.org if you need assistance in understanding some aspect of the survey.

How are school winners determined?

AHA's Award Review Panel, comprised of nutrition and physical activity experts in Wake County, will tabulate the survey responses. Questions are weighted in order to allow AHA to designate Gold, Silver, and Bronze level, as well as Honorable Mention, categories.

What is the site visit for school finalists?

Schools with the highest scores will need to be available to meet with AHA's Award Review Panel in April to answer any questions the panel may have. At least one representative of your school's multi-disciplinary team must be able to attend the site visit.

If my school wins, what happens?

Kudos to winners! For the 2012 Award, AHA offers financial awards to be used for wellness initiatives at your school. Awards are as follows: Gold level: \$500; Silver level: \$250, Bronze: \$100 and Honorable Mention : \$50. AHA also will present each Gold level school with the "AHA Brains and Bodies Award: Healthy Students Grow Here" banner to display in your school, and all winners will receive a framed plaque. AHA also will announce winners to the local media for positive coverage of your school.



If my school doesn't win an award, what happens?

Every school participating in this award application process is a winner. Your multi-disciplinary team will have gained valuable information and practical advice and solutions for how to make positive changes that position your school better for the next year's award. For some schools, the application process may be enlightening as to easy ways to make great strides on behalf of kids and staff at your school. All schools that apply will receive feedback on their application with suggestions for improving the environment at your school.

Do you have other questions that other school applicants may have too?

Let us know! We will continually update this FAQ so that all schools may benefit.

